



Heal Your Life® Combined Teacher/Coach Training Colourful Cairns – Queensland Australia

2nd -11th October 2026

Led by

Tricia Sharkey

Teacher Trainer/Coach for Australia and New Zealand

For more information, please contact Tricia Sharkey at tricia@healyourlifetraining.com.au

Join me at the **Crystalbrook Flynn** on the stunning **Cairns Esplanade** for a life-changing week of personal and professional growth.

Step straight from your hotel into paradise – vibrant city life, ocean views, restaurants, shops, and night markets all just moments away.

With daily temps of **21–25°C** and **9 hours of sunshine**, it's the perfect tropical escape to thaw out, recharge, and transform.

Start your mornings with a swim or walk by the sea before diving into powerful, soul-nourishing training.

Heal. Grow. Shine. In paradise.



Is this what you have been waiting for? I am so excited to be presenting for the first time the Combined Teacher/Coach Training in Australia this October in Cairns Australia in Louise Hay's birthday month

I personally invite you to spend the most incredible time of your life with the perfect group of like-minded people.

Each and everyone committed to bringing positive changes to the world as well as improving your own personal lives. Our small group sizes provide an excellent environment for learning and personal healing, and you will return home as a 'certified Heal Your Life® and licensed workshop leader' and life coach with all the skills, materials, advertising ideas, enthusiasm, follow up support to help make a huge positive change in our world, all based on Louise Hay's philosophies on life.

Louise Hay designed the 2 days 'Love Yourself, Heal Your Life®' workshop in the 1980's. This workshop

has been a life changing experience for all those who have attended and continues to be a catalyst for self-

love and self-discovery!

Those who are certified workshop leaders and licensed to teach the philosophy of Louise Hay, are

enthusiastic about their work and excited about sharing it with others. These dedicated leaders are located

in many countries around the world with a commitment to help the healing of others and the planet.

*How often in our busy lifestyles do we have a chance to take a week just for 'ourselves' in a gorgeous location with a diverse group of like-minded people....**WELL HERE IT IS!***

This year you have the opportunity to attend both the Teacher Training and Coach Training.

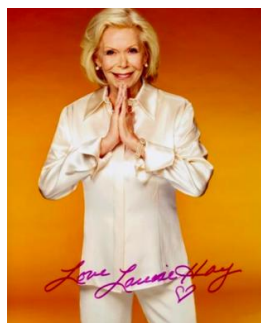
You can also choose to do just the Teacher Training and if you have attended teacher Training before you are welcome to join us on the 7th of October and attend the Coach Training.

The idea is to save people having to travel to me twice and save on time and airfares to the venue.

Those attending the combined training will receive a huge discount of **\$1500** which is really worth considering. Those attending the Coach training independently will also benefit as there is work done prior to attending and less time away plus you will benefit by a discount of **\$750** if having to attend this at another time along with the saving of a second airfare.

Louise's work enhances any modality and works perfectly alongside all existing careers. It has been my personal belief that anyone and everyone could benefit from this amazing work.

This fantastic in-depth and full participation training in the methods of Louise Hay gives you all the materials and skills you'll need for leading workshops: Affirmations ~ Visualizations ~ Inner Child Work Meditation



Option 1

THE INVESTMENT – COMBINED TEACHER TRAINING

The total investment for this transformative 10-day experience is **\$7250 AUD** inclusive of GST, training, accommodation, and more. Friday 2nd October to Sunday 11th October return home on the 12th.

Your investment – \$7250 AUD (incl. GST)

How Payments Work

Your full course investment is **\$7250 AUD**:

- **\$2,550** paid **directly to Crystalbrook Flynn**
- **\$4,700** paid to **Tricia Sharkey**

Pay a non-refundable deposit of **\$700 AUD** by **April 24th, 2026**

Payment Options:

You can pay in full at any time or follow the *suggested* payment plan:

- **\$700 AUD** deposit by April 24th, 2026
- **\$800 AUD** by May 22, 2026
- **\$800 AUD** by June 26, 2025
- **\$800 AUD** by July 24, 2025
- **\$800 AUD** by August 21, 2025
- **\$800AUD** final payment by September 25, 2026

All payments should be made to:

Tricia Sharkey

Suncorp Bank

BSB: 484-799

Account Number: 606278760

Swift Code: METWAU4B

Reference: Your Name and HYL

What's Included:

- Training materials
- 10 nights' accommodation
- Daily meals (morning/afternoon tea and lunch)
- 3 group dinners
- Meditations and personal development activities



Option 2

TEACHER TRAINING ONLY 6 Days

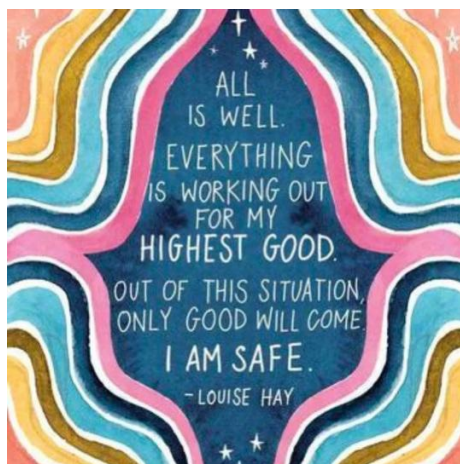
You receive an intensive experience for personal and professional growth – plus the following: Pre work-Louise Hay YCHYL workbook pages 3-23 and one exercise from book

- Comprehensive materials for leading a **10-week Heal Your Life® group**, including scripts, handouts, PowerPoint, and USB resources.
- Complete materials for hosting a **2-day Love Yourself, Heal Your Life® workshop**, including scripts, handouts, and flyers.
- Guidance on combining materials to create up to **14 unique workshops**.
- Marketing support, including guides, social media graphics, and course information.
- Training to lead specialized workshops on topics such as inner child healing, affirmations, meditation, and visualization.
- Complete scripts, handouts, and music for all workshops.
- In-depth personal development activities and leadership training.
- Access to private Facebook groups and email follow-up for continued support
- **Certificate of Training** upon completion.
- Daily morning and afternoon tea, along with lunches.
- Two special dinners: a welcome dinner on arrival and a celebration dinner at the end.
- Gifts and other surprises.
- Opportunities for **profound personal healing** and growth, taking you to deeper levels of self-awareness and transformation.

This training promises to be an extraordinary week filled with learning, growth, and inspiration.

The first two days are where you participate in the 2 days Heal Your Life® workshop and the following days are about becoming the workshop leader of this powerful transformational workshop as you continue your own personal development. So, if you haven't done the 2 day Heal

Your Life® workshop you can do it here. However, I totally recommend that you are familiar with the Louise Hay philosophy and to prepare for the training by reading her book You Can Heal Your Life® and completing her Love Yourself, Heal Your Life® workbook.



Option 2

THE INVESTMENT – TEACHER TRAINING ONLY

The total investment for this transformative 6-day experience is **\$5,000 AUD** inclusive of GST, training, accommodation, and more.

How Payments Work

Your full course investment is **\$5,000 AUD**:

- **\$1,530** paid **directly to Crystalbrook Flynn**
- **\$3,470** paid to **Tricia Sharkey**

Pay a non-refundable deposit of **\$500 AUD** by **April 24th, 2026**

Payment Options:

You can pay in full at anytime or follow the *suggested* payment plan:

- **\$470 AUD** deposit by April 24th, 2026
- **\$600 AUD** by May 22, 2026
- **\$600 AUD** by June 26, 2025
- **\$600 AUD** by July 24, 2025
- **\$600 AUD** by August 21, 2025
- **\$600 AUD** final payment by September 25, 2026

All payments should be made to:

Tricia Sharkey

Suncorp Bank

BSB: 484-799

Account Number: 606278760

Swift Code: METWAU4B

Reference: Your Name and HYL

What's Included:

- Training materials
- 6 nights' accommodation
- Daily meals (morning/afternoon tea and lunch)
- 2 group dinners
- Meditations and personal development activities

This course offers a nurturing environment, powerful teachings, and life-changing experiences. Treat yourself to this journey of growth and transformation



***IMPORTANT NOTE:** Because all the workshop materials are copyrighted, the license of \$99US is required to take them with you at the end of the training. The Heal Your Life® workshop leader license is authorized by Hay House, Inc., and approved by Louise Hay. When licensed, you appear in the workshops website and have access to additional support resources and the worldwide HYL community! This is paid in addition to the course fees.

After completing your certification course with us you then obtain your license with **Hay House Inc** to present the Heal Your Life® workshops.

The Heal Your Life® training is authorised by Hay House, Inc., and approved by Louise Hay. Dr. Patricia Crane, from Heart Inspired Presentations LLC, developed this training seminar along with Louise Hays guidance and blessings. Patricia studied and worked personally with Louise Hay for many years. Heart Inspired Presentations LLC is authorised to license all trainees as Heal Your Life® workshop leaders.

The license incurs an annual fee of \$99USD with many benefits, including permission to use, Louise Hay's work, her name, photo and the registered logos. You also need to have insurance to present the Heal Your Life® work; we will discuss this at the training.

Listing on www.healyourlifeworkshops.com once you license



Option 3

COACH TRAINING ONLY – 5 Days

What's Included in the Heal Your Life® Coach Training?

So much more than a course — this is a full **transformational experience** designed to elevate your coaching journey and awaken your purpose!

Official Licensing as a Heal Your Life® Coach with your profile listed on the global website
5 nights beachfront accommodation at Crystalbrook Flynn, plus daily lunches, two special dinners & delightful surprises

A **content-rich manual**, tools, and handouts to support every step of your journey

Ready-to-use **resources and coaching tools** to bring into your practice immediately

Business guidance to help you launch, grow, and thrive as a coach

Learn how to **connect deeply with clients** and ask the key questions that convert interest into bookings

In-depth **personality profiling** using Myers-Briggs and other globally recognised systems

Practical **marketing support** and ongoing follow-up mentoring with Tricia

A complete **coaching curriculum**, plus bonus research and reference material

Daily **morning meditations** to ground, centre, and uplift you

And yes — **even more surprises** await! 2 Zoom catch ups before course

Training as a Heal Your Life® Coach includes:

Licensing as a Heal Your Life® Coach and listing on the official website

Six nights of accommodations on the beach, lunches, two dinners, and other surprises

Content rich manual, supplements, and handouts

Useable resources to incorporate into your Coaching practice

Guidance in how to move forward in creating your business

Discovering ways to engage with your clients at a much deeper level

Key questions to convert those interested into booked clients

In depth personality profiling using Myers-Briggs and/or other globally recognized programs

Marketing and extensive follow-up support with Tricia

An entire coaching manual, plus additional research information

As a bonus we are offering complimentary morning meditations

And if that is not enough, we promise you, more!

Recommended Reading:

The Power is Within You by Louise Hay

The Art of Extreme Self-Care by Cheryl Richardson

Letters to Louise (revised) by Louise Hay

Important Note: You must be a Heal Your Life® Workshop Leader

To be eligible for the Heal Your Life® Coach Training



Option 3

THE INVESTMENT- COACH ONLY

2025 Heal Your Life® Coach Training – Cairns

Wednesday 7th – Saturday 11th Crystalbrook Flynn, Cairns Esplanade

Your investment – \$3750 AUD (incl. GST)

This includes:

- All training and course materials
- 5 nights' accommodation (with meals and surprises!)
- Morning/afternoon teas & lunch daily
- 2 group dinners
- Daily meditations & personal development activities

Accommodation

Stay right in the heart of Cairns at the beautiful **Crystalbrook Flynn**.

Special rate: **\$255/night** – 5 nights = **\$1,275** total

(You can also book up to 3 nights either side of the training at the same rate!)

Booking your room:

Please book your accommodation directly with the hotel using our **promo code**: 'Heal Your Life' Cairns.groups@crystalbrookcollection.com

How Payments Work

Your full course investment is **\$3,750 AUD**:

- **\$1,275** paid **directly to Crystalbrook Flynn**
- **\$2,475** paid to **Tricia Sharkey**

Pay a non-refundable deposit of **\$475 AUD** by **April 24th, 2026**

Payment Options:

You can pay in full at anytime or follow the *suggested* payment plan:

- **\$475 AUD** deposit by April 24th, 2026
- **\$400 AUD** by May 22, 2026
- **\$400 AUD** by June 26, 2025
- **\$400 AUD** by July 24, 2025
- **\$400 AUD** by August 21, 2025
- **\$400AUD** final payment by September 25, 2026

Payments to Tricia Sharkey:

Suncorp Bank

BSB: **484-799**

Account: **606278760**

Reference: *Your Name + HYL*



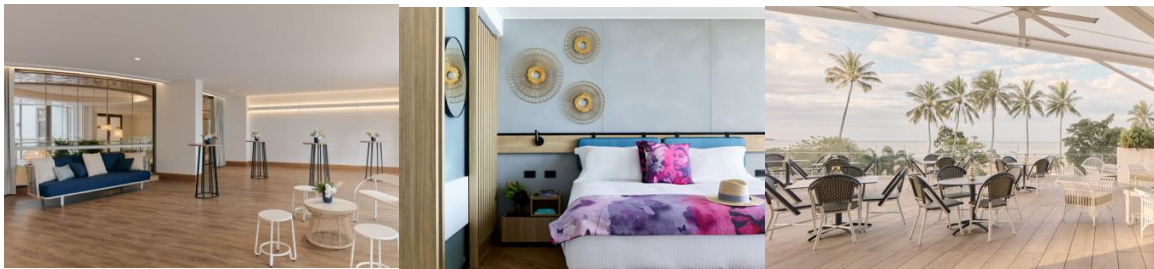
Cancellation Policy:

All cancellation requests must be submitted in writing.

Please note that your **deposit is non-refundable** due to venue and administrative commitments. If you cancel **3 weeks** before the training, your **first instalment may be refunded**, if necessary. **No refunds** will be issued within **3 weeks of the program**, unless a replacement participant is found.

Thank you for your understanding — this policy ensures fairness and allows us to honour our commitments.

THE ACCOMODATION



ACCOMMODATION BOOKING & PAYMENT DETAILS

- Guests to book direct by contacting cairns.groups@crystalbrookcollection.com and quoting promo code "**Heal Your Life**"
- Full prepayment required at time of booking
- Bookings are non-refundable
- Individual guests will be responsible for all guest room charges, including accommodation and incidentals (including but not limited to breakfast, parking and any other room charges). All account balances must be paid in full prior to guests' departure.

The Hotel will require a credit card imprint on day of arrival and will execute a pre-authorisation of \$100 per night booked from each guest upon check in to cover any additional charges, i.e. room service, spa services, laundry, carparking etc. that are the responsibility of the guest.

Breakfast charged at full price on consumption - subject to hotel pricing at the time of stay.
(currently priced at \$38pp - subject to change)

Accommodation Upgrade Options

- Harbour Room - add \$50.00 per room, per night
- Sea Room add \$100.00 per room, per night





Tricia Sharkey is a certified Heal Your Life® Teacher and Coach Trainer, Workshop Leader and Coach for Australia and New Zealand. Tricia was bestowed this honour for having done exemplary work and having taken the Heal Your Life philosophy forward in wonderful ways. Tricia has been visible and an inspiration to others and she offers valuable support to all who seek it by sharing her knowledge, experience, and wisdom. She first received her Heal your Life® Training in 2010 with Susie Mulholland and completed the Coach Training in 2011 with Master Teachers Dr. Patricia Crane and Rick Nicolls in Coffs Harbour NSW, Australia.

Over the past decade Tricia has taught many courses and assisted the outgoing Teacher trainer. She is thrilled to be leading Australia and New Zealand for Heal Your Life® in a new era. The philosophy of Louise Hay has stood the test of time and is at the forefront of most modern healing modalities. Tricia believes this work is needed now, more than ever.

Tricia is a highly sought after intuitive teacher who walks the talk and lives the Heal Your Life® philosophy consciously. She will inspire you to become more aware and appreciate the abundance and joy

that life has to offer. True to her character, she is accessible, humorous, and full of practical insights along with offering good old fashioned honest conversation.

She draws upon her 22 years of experience traveling and teaching in the world of healing having worked extensively in Australia and Internationally throughout Europe and Asia. Tricia is an international teacher of Colour Therapy and the Chakra Balance Massage. As a holistic therapist, she facilitates a wide variety of courses including but not exclusive to spiritual retreats, energy work, Tarot and Numerology and Angel workshops.

Let her take you on a transformational life journey.

Tricia Sharkey, Heal Your Life ®

Teacher Trainer/Coach for Australia and New Zealand Phone: 61+0419834817

Email: tricia@healyourlifetraining.com.au

www.healyourlifetraining.com.au



Testimonial

"Thank you Tricia! What a great facilitator. Coupling personal growth with coaching education was such a great approach to the course. I really appreciated your guidance through this course. It took my personal and professional development to the next level. I am excited to get out there and offer my new skills to the world."

Jessica Blunderfield, Brisbane Qld Australia

"Heal Your Life® workshop leader training and Heal your life® Coaching training is a wonderful gift to the world. It not only changed my life of which I am so grateful, it allows me now to give the gift to others and do my part to Heal the world. Love is all we need and it starts inside us."

Jeanine Sciacca, Sydney NSW Australia

"Tricia's courses are always professional and very personal. You walk out with all the tools to hit the ground running. She is a wonderful coach, trainer and mentor."

Kaylene Watkins, Townsville Qld Australia

"What an honour to attend Tricia's Heal Your Life® Coach training! The training was delivered in a precise yet enjoyable style. Everything Tricia does is done with love. I now have the tools I need to confidently start coaching from the heart centred approach that is Heal Your Life."

Mandi Houghton, Townsville Qld Australia

"Tricia was an amazing facilitator who held space on a deep level which enabled me to feel safe. I have come away feeling confident with the tools I have been given to assist others to change their lives forever."

Barbara Simpson, Brisbane Qld Australia

"Tricia is an amazing coach who imparts all Louise Hay's knowledge in a very simple and easy language. Absolutely brilliant."

Umesh Kotwal, Sydney NSW Australia

"This coaching course has provided me with the skills I need to weave Louise Hay's philosophies and practices into one - to - one client work. Tricia is a lovely facilitator; she listens and nurtures each participant on their personal journey."

Gillian Drew, Collector NSW Australia

